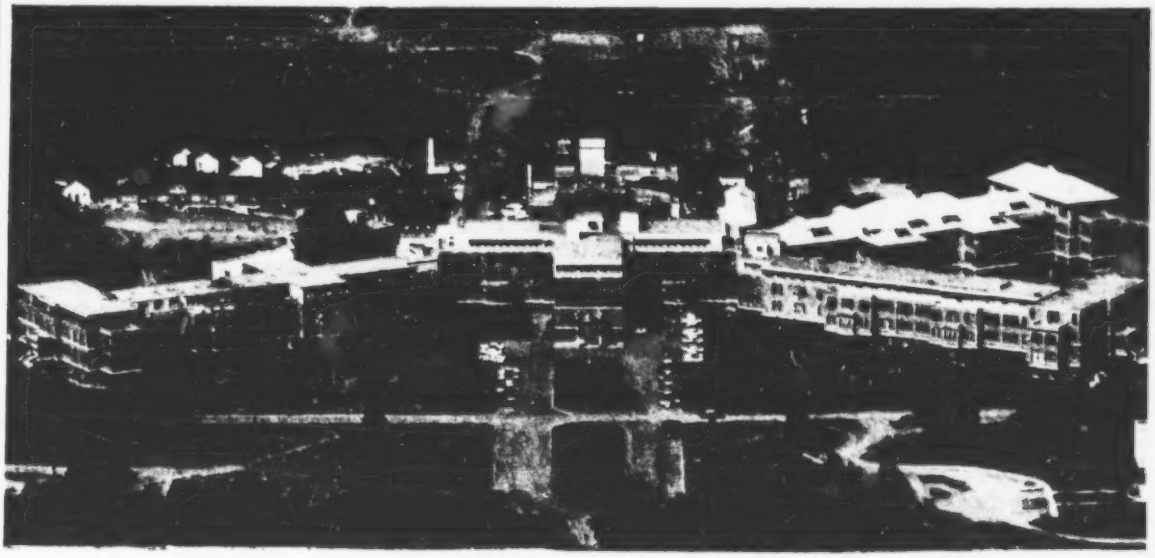
1984-85
Annual Report

SOURIS VALLEY REGIONAL CARE CENTRE

Box 2001
Weyburn, Sask.
S4H 2L7

"Serving Your Health Care Needs"

86-0299/



The Health Service We Provide

Souris Valley Regional Care Centre operates as a Level IV care facility with a budgeted bed capacity of 300. The Centre provides long term supportive and restorative care for persons of all ages who do not require acute hospital care and treatment, but do require regular and continuous medical attention and nursing care on a 24 hour basis. Supplementing medical and nursing care are inputs from the Therapy and Social Work Departments.

Souris Valley Regional Care Centre is the regional referral centre for the Weyburn Estevan Health Region and does the screening for all Level IV admissions in the region.

SOURIS VALLEY REGIONAL CARE CENTRE

Box 2001
Weyburn, Sask.
S4H 2L7

June 1985

Honourable Mr. Graham Taylor,
Minister of Health,
3475 Albert Street,
T.C. Douglas Building,
REGINA, Saskatchewan.
S4S 6X6

Dear Mr. Taylor:

It is my pleasure to present to you, the Annual Report of the Souris Valley Regional Care Centre.

This report covers the period April 1, 1984 to March 31, 1985.

Respectfully submitted,

Mildred Lang

Mrs. Mildred Lang,
Chairman of the Board,
Souris Valley Regional Care Centre.

Members of the Governing Board 1984-85

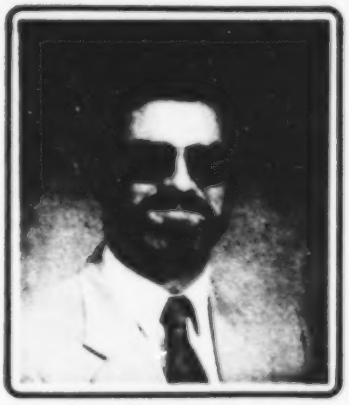
Mrs. M. Lang
Chairman
Stoughton

Mrs. B. Nixon
Weyburn

Mr. O. Storlie
Lampman

Mr. L. Bell
Carlyle

Mr. J. Pick
Macoun



Mr. B. McCallion
Executive Director

Mrs. B. Bakken
Weyburn

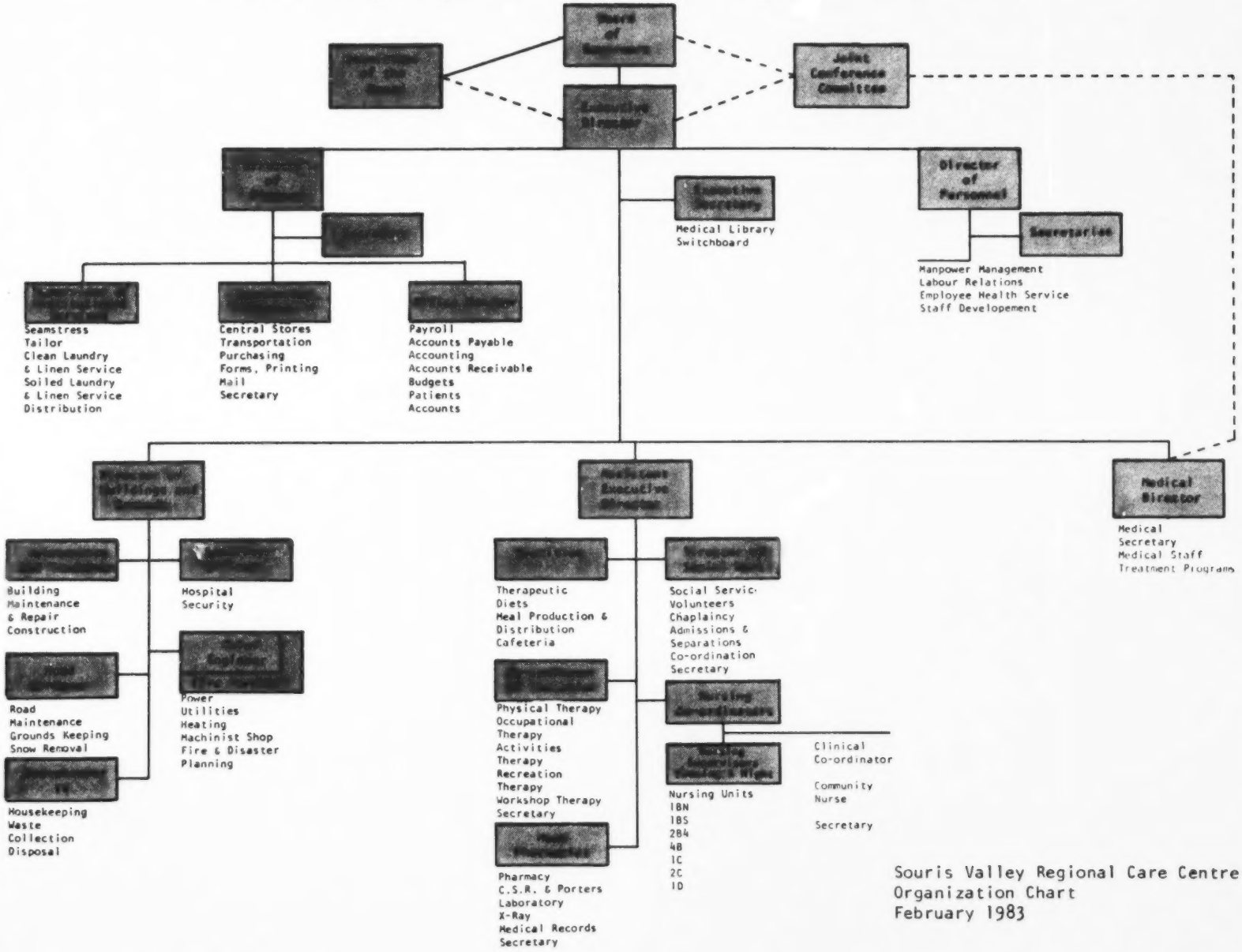
Picture Missing: Mr. D. Peterson,
Vice Chairman, Yellow Grass

EXECUTIVE COMMITTEE:

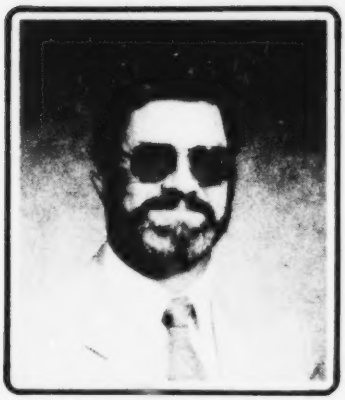
Mrs. M. Lang
Mrs. B. Nixon
Mr. D. Peterson
Mr. B. McCallion

Mr. G. Shepherd
Alameda

Souris Valley Regional Care Centre Organizational Chart



Souris Valley Regional Care Centre
Organization Chart
February 1983



B.J. McCallion — Executive Director

1985 was another busy and productive year. While we did accomplish many things, as you can see from the list of Highlights, we did not get approval for the major expansion we had hoped for.

In spite of this the long range planning activity has been beneficial in clarifying our existing role and services. By taking part in this activity, we are able to maintain High Quality Patient Care, as well as see that the services provided continue to meet the community needs.

HIGHLIGHTS:

— Expanded Respite program for care-givers.
— Expanded Day Care and Night Care Program.
— Review of the Centre's Mission Statement.
— Development of a Centre Wide Quality Assurance Program.
— Development of a Public Relations Program.

Examples of this latter program has been the tours of groups such as the Weyburn City Council and the Chamber of Commerce.

The Board of Trustees have also held Board meetings in the Region.

In these instances presentations have been made to explain the services we provide. We are proud of the high quality care we provide and want the Public to know what we can do for them.

Medical Department:

The Medical Department, staffed by two full-time physicians, experienced another busy year in 1984. In addition to the day to day care of the Centre's patients, a noticeable increase occurred in other activities such as Respite Care, Day Hospital Services and Adult Day Care. These latter services further enhance our facility to the elderly and the home care providers of the community.

Once again our physicians presented a paper as a result of research in the Centre. The paper, "Vitamin C as Salt Substitute", was presented at the Canadian Association on Gerontology Annual Meeting in Vancouver and the Saskatchewan Gerontology Association Meeting in Saskatoon.

In keeping with this year's theme, "Serving Your Health Care Needs", extensive medical services from Weyburn and Regina were utilized. These services are comprised of cardiology, urology, neurology, orthopedics, dermatology, opthalmology, radiology, internal medicine, psychiatry, and cancer clinic.

New Bath Unit

Nursing Department:

The past year has been rewarding in respect to the delivery of Nursing Care for our patients. The quality of care has been maintained and in some ways improved so our patients are assured the level of care they need. This is verified by Nursing audit and the many expressions of appreciation we receive from patients and or relatives for the care we provide.

SOME HIGHLIGHTS:

A successful program has been the expansion of Day Care and Day Hospital. This has put greater demands on nursing as our Nursing complement was not increased — a consideration that must be a high priority. We conducted an extensive research project on "Medication Errors"; this was valuable and opened avenues for remedial action. The service offered the Psychiatric Student Nurses was expanded greatly in the area of clinical experience in physical nursing. Completed renovations have improved care by facilitating Nursing and improved environment for the patients.

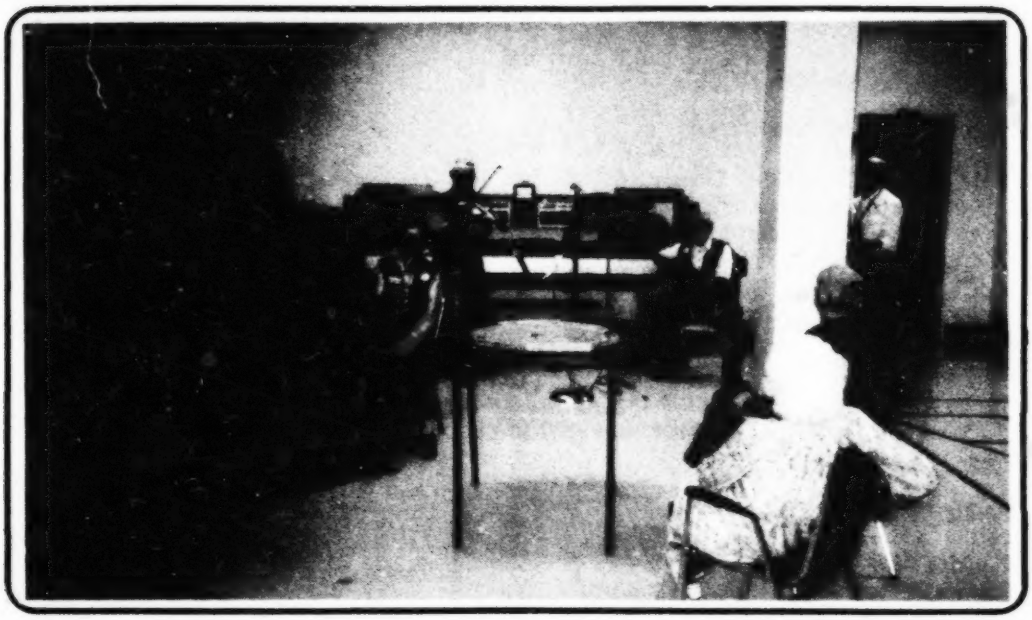
In-bed Scale

Therapies Department:

An average total of 356 patients per day were provided for through the various therapy service outlets during the past year. Increases in output were experienced in the Activity, Recreational, and Industrial Therapy departments. Occupational and Physical Therapies witnessed a reduction due to the absence of professional services for a portion of the year.

Some specific occurrences during 1984-85 were:

— Production in Industrial Therapy was up $1,196.66.
— Patient attendance in Activity Therapy was up from 144/day to 217/day.
— The total attendance at Recreational events was up by 6,866.
— Canteen sales were decreased by $109.88.
— Day Hospital statistics were reduced from 671 to 580¾ hours.



Health Care Statistics

	1984-85	1983-84	1982-83
Admissions:			
New Admissions	72	68	64
Readmissions	10	6	5
Total Admissions	82	74	69
Separations:			
Discharges	21	21	17
Deaths	48	35	40
Total Separations	69	56	57
Patients on Register April 1st	299	294	298
Total Admissions	82	74	69
	381	368	367
Total Separations	69	56	57
	312	312	310
Patients Discharged to Active Treatment Hospitals	104	104	82
	208	208	228
Patients Readmitted from Active Treatment Hospitals	89	91	66
Patients on Register March 31st	297	299	294
Levels of Care at March 31st: 4A	142	142	136
4B	131	133	139
4C	24	24	19
Total	297	299	294
Waiting List at March 31st	14	16	5
Total Patient Days	107,351	108,163	107,427
Average Daily Census	294.13	296.53	294.32
Average Length of Stay	567	418	282
Total Days of Stay	39,140	23,487	16,650
Occupany Rate	98%	98.51%	98.10%

Social Work Department:

The year 1984-85 was one of consolidating and problem solving related to easing or enhancing programs and services already in operation, rather than producing new additions in the Department's services.

It was also a year, however, of record breaking achievement:

— Hours of volunteer service donated to the Centre reached an all-time high of 6,986 hours.

— The Personal Services Workers purchased a record 3,878 items, totalling an all-time high of $46,744.03 for a record number of 1,444 patient requests.

— The hairdresser completed a record breaking number of 1,052 hairdressing apppointments.

Social Work shared, with other Departments, the landmark achievement of families being included in case conferences which had been desired for a long time.

Dietary Department:

Over the past year, the Dietary Department provided a total of 306,508 meals to Souris Valley Regional Care Centre patients and 25,850 meals to Weyburn Psychiatric Centre patients. Cafeteria services were provided for staff and visitors, as well as students and staff of the Community College, Sask Power Training School and Wascana Institute of Applied Arts and Science.

Dietary staff continued to attend workshops and educational sessions. As well, a wide range of topics were covered during in-service sessions within the department.

In consultation with the Special Care Homes Dietetic Consultant, a number of changes were implemented to make the department more cost efficient while still enabling us to provide the "extras" required by a number of patients.

Pharmacy Department:

The Pharmacy Department, which includes Medical Records, X-Rays, Porters, Laboratory and C.S.R. Departments, supplies medications and related items to the Souris Valley Regional Care Centre, Weyburn Psychiatric Centre, and a number of regional treatment centres.

The cost per patient day fluctuated from $1.12 to $1.596 for a mean average of $1.323. The Centre is now fully serviced by the Controlled Dose System of Medication distribution. During the year, a total of 18,461 prescriptions were filled.

Changes in packaging and distributing C.S.R. materials has resulted in a marked decrease in expense and a more efficient use of sterile products.

Personnel Department:

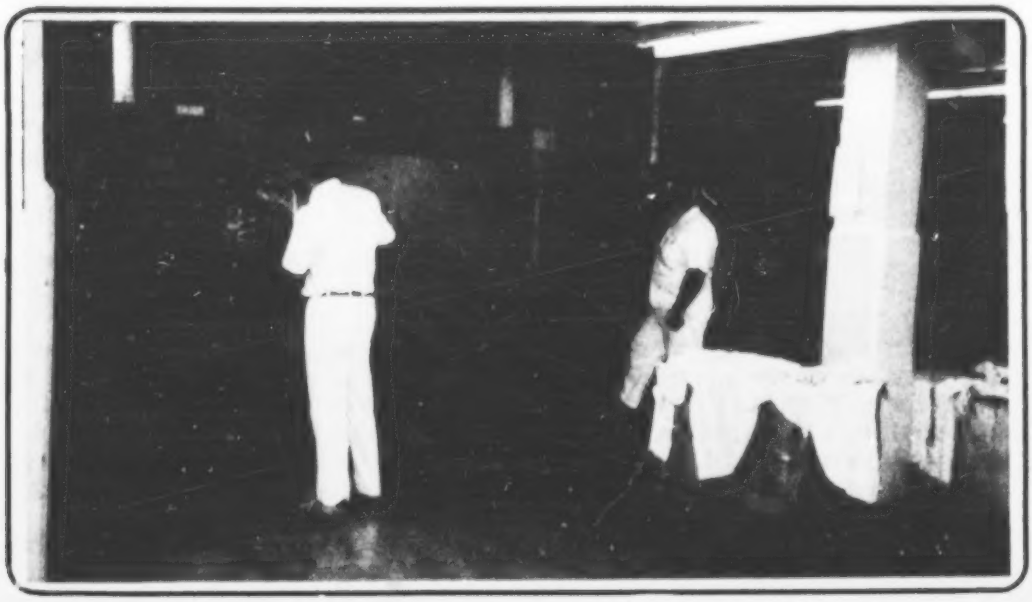
This year, as in the past, emphasis was placed on recruitment, selection and orientation of employees to provide a qualified workforce for the various departments. The economic situation has assisted this process by ensuring a relatively stable complement of employees.

A project for the year 84-85 was the implementation of an Identicard System. The System provides identification for all staff of the Centre.

Over the past year, In-service Education offered a wide variety of health-care related programs. A total of 980 staff attended the regularly scheduled in-house sessions while 144 participated in courses and workshops offered by outside agencies.

The complement of authorized permanent positions in the Centre numbered 354.4 at March 31, 1985. The respective categories are:

Department	Positions
Nursing	164.75
Buildings and Grounds	21
Therapies	21
Social Work	7
Power House	16
Laundry	19.4
Dietary	35.5
Housekeeping	34.5
C.S.R., Pharmacy, Laboratory	8.75
Administration, Personnel, Finance, Medical, Purchasing, Motor Services	26.5



Laundry Department:

The Souris Valley Regional Care Centre Laundry and Linen Department provides services to the Weyburn Union Hospital, Psychiatric Centre, South Sask Ambulance, Community College and Sask Supply and Services. The department employs seventeen permanent and twelve casual staff, as well as 1.4 positions in the Tailor-Seamstress Department.

A daily service for delivery and pickup of linens was provided to process and distribute the 1,631,111 pounds of linen which was handled by the department in 1984-85. During this twelve month period, 620,000 flat sheets, including 2,200 replacements, were finished and distributed. In addition to patient clothing and staff uniforms, the bathtowel count for the same period was 470,000 pieces.

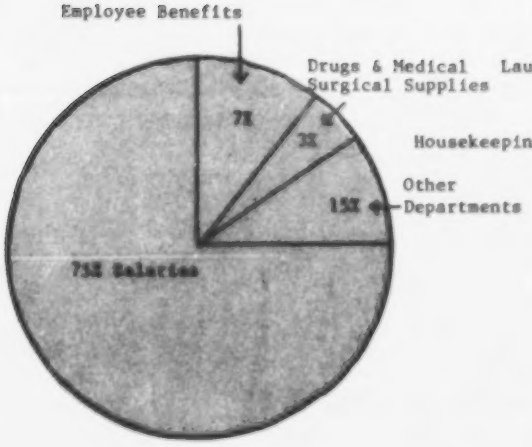
Finance Department:

The past twelve months have again been a very busy and progressive time for the Finance Department.

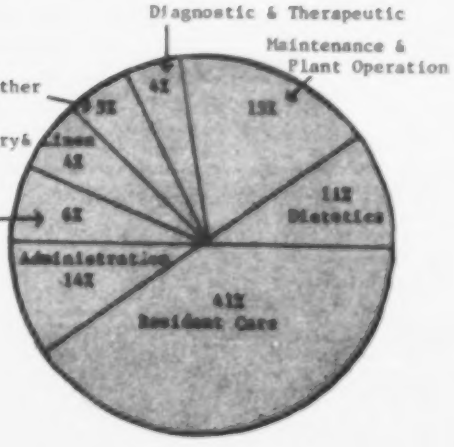
Our new computer system is running quite smoothly with Accounts Payable, Payroll, Fixed Assets and financial reporting being generated through the system. We are planning to expand our computer operations to include pharmacy and inventory. Another enhancement that we are experimenting with at the present time is Data Pak communications.

In our fiscal year, April 1, 1984 to March 31, 1985 our approved budget amounted to 12.8 million dollars. The following is a general breakdown of expenditures for the year:

By Expense:



By Department:



Purchasing Department:

During the past year, 1,748 purchase orders were processed with a value of over 1.5 million dollars. The cost awareness program in the food service area has resulted in a large increase in tendered items, especially with portion control items.

The Centre is a firm supporter of the Government "Buy Saskatchewan" program and through the SHA's Purchasing Committee and on our own, we are continually seeking local suppliers for our needs.

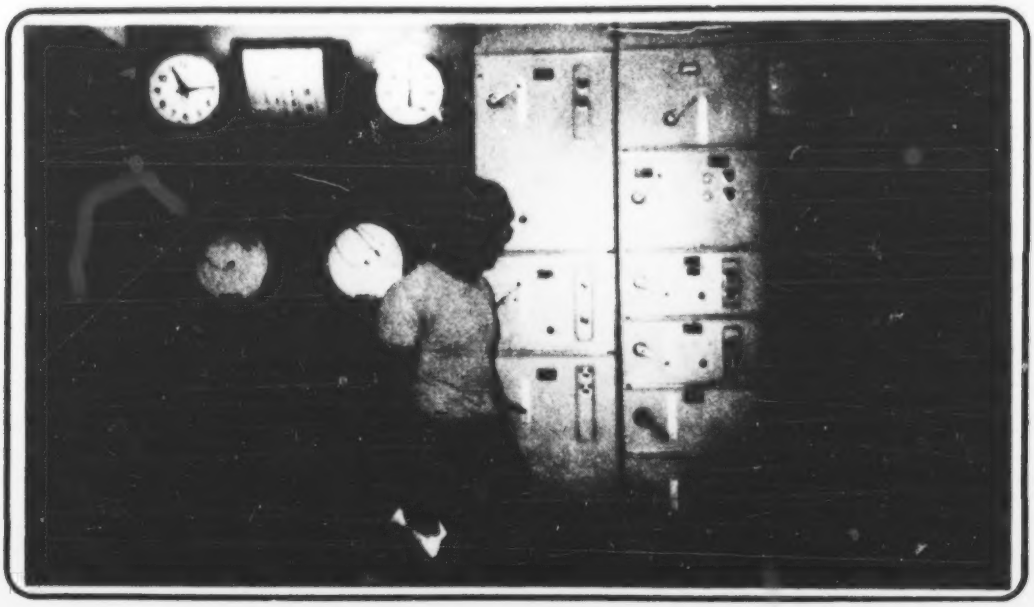
Our Centre continued to be a member of the Weyburn Care-A-Van Society and have become the homebase for the operation of the wheelchair van. This gives us almost unlimited access to this vehicle for which we pay a nominal fee for usage. By acquiring this service, we were able to dispose of our passenger van and reduce our CVA vehicle fleet to six.

Building and Grounds Department:

During the fiscal year 1984-85, the maintenance departments completed twenty-two capital projects. Significant among these projects were, the installation of new windows and siding on the west side of "D" Unit, the installation of privacy drapes in four areas, the installation of wheelchair bumper rails, installation of new windows in the laundry area and the installation of a new handicapped bath tub on "C" Unit.

By comparison, the major projects were somewhat smaller and less complicated than in past years. This allowed the maintenance departments to concentrate on preventive maintenance and repair requisitions with a total of 3,305 repairs being completed during the year.

On December 3, 1984, the position of Security Officer was converted from that of a full time position to two part time positions. This conversion allowed for seven day a week coverage.



Power Plant Department:

The Power Plant, in fulfilling its objective, to provide heat, electrical energy and hot and cold water to the entire Souris Valley Regional Care Centre complex, has the added responsibility of supplying these same services to the Psychiatric Centre, Community College, Southeast Regional Library, and the Saskatchewan Power Corporation Training School. The Plant has the capability of being independent, but as a matter of economics, a balance of demand is maintained with the Saskatchewan Power Corporation.

In the past year, the Fire and Disaster Plan was tested with a successful mock evacuation of D Unit. Our emphasis to continually upgrade and practice fire drills and procedures became apparent as three minor fires occurred within the Centre over the past year.

1984-85 produced a 10% increase in operating costs largely due to an increase in water and sewage handling.

Housekeeping Department:

In the year 1984-85, the Housekeeping Department, employing 37.5 staff and consuming 53,000 dollars worth of cleaning supplies, provided housekeeping services to Souris Valley Regional Care Centre, Weyburn Psychiatric Centre, Wascana Institute of Applied Arts and Sciences and the Southeast Community College, with a combined floor surface of approximately 398,000 square feet.

Contained in the above area are 127 bathrooms, 241 hand basins, 185 toilet bowls, 32 bath tubs, 14 showers and 11 urinals. The department is also responsible for the pickup and disposal of all garbage. It is the objective of the Department to carbolize all areas at least once a year.

Housekeeping staff have continued to attend seminars, educational courses and scheduled department meetings throughout the year.

Continuous Service Awards

Ten Years

BACK ROW: Rose Loos, Lois J. Olson, Wayne Engebretsen, Arvin Snelling, Elsie Shaw, Bernard McCallion, Executive Director.
FRONT ROW: Bak Chong, Valerie Cameron, Tillie Geiger, Mae Kennedy, Eleanor Wood, Mildred Lang, Chairman, Board of Directors.
MISSING: Lois Gregory, Doris Rogers, Bonnie Snelling.

Twenty Years

Joseph Zaborowski, Florence Bauer, Lee Bowden, Patrick Meagher, Mildred Lang, Chairman, Board of Directors, Bernard McCallion, Executive Director.

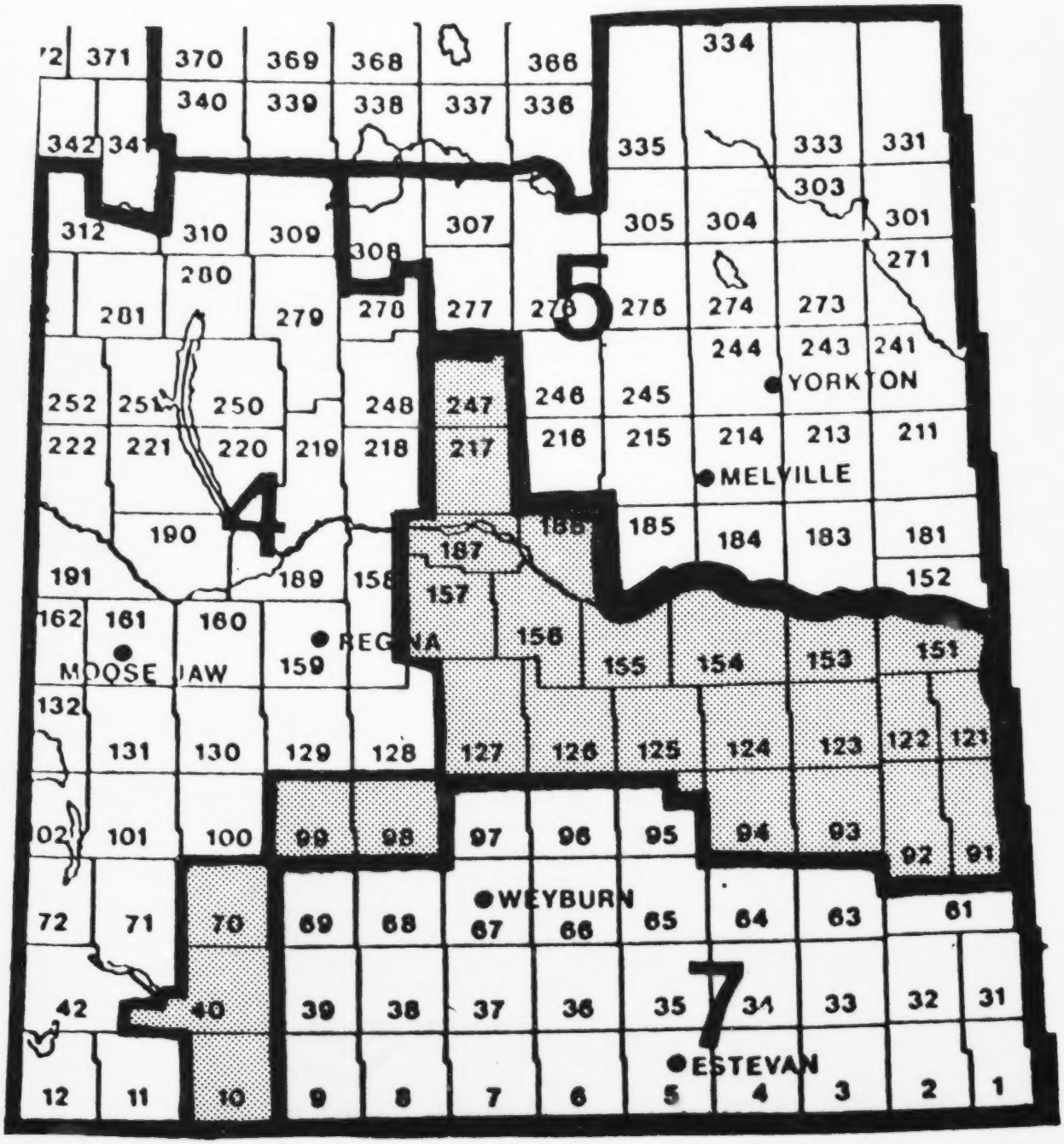
Twenty-five Years

Bernard McCallion, Executive Director; Orville Klatt; Mildred Lang, Chairman, Board of Directors.

Thirty Years

Mildred Lang, Chairman, Board of Directors; John Ruckaber; Bernard McCallion, Executive Director.

Extended Care Hospital Service Areas



No. 7 — Original catchment area (official boundaries)

Board has established policy to accept admission (Supplementary Boundaries)

0713-7428

POOR
QUALITY
ORIGINAL